



**VANCOUVER ISLAND UNIVERSITY  
ELEMENTARY TEACHER EDUCATION PROGRAM  
Self Reflection/Assessment**



Upon completion of the shared learning experience (practicum), student teachers are to demonstrate competencies expected of a **beginning teacher**. At this point in the program, student progress is indicated as: **E** = emerging, **A** = approaching expectations or **M** = meeting expectations. Provide evidence for your ratings.

**Student:** Karina Strong **Grade:** 6/7 split

**PROFESSIONALISM/VALUE AND CARE FOR ALL STUDENTS**

**E A M**

- |  |   |   |   |
|--|---|---|---|
| 1. Values the purpose and intent of the collaborative process inherent in creating an effective learning community |   |   | X |
| 2. Demonstrates a growth mindset   |   |   | X |
| 3. Promotes class safety   |   |   | X |
| 4. Models & develops respectful, positive relationships with all member of the learning community                  | X |   |   |
| 5. Is reflective and open to suggestions   |   | X |   |
| 6. Acts on feedback to improve practice  |   |   | X |
| 7. Behaves and dresses in a professional manner  |   | X |   |
| 8. Is punctual, dependable, and responsible  |   |   | X |

**EVIDENCE:**

Much of my learning has come from exploring school culture and heirarchical expectations. I create rapport and connect well with students, and I adapt to feedback.

**Comments from teacher observations and feedback forms:**

*“Great rapport with some students”*

*“I can see you are weaving in pieces of what we are exploring and shaping these ideas to what resonates with you.”*

*“You have the heart and soul of a teacher. Your work is inspirational.”*

*“Ms. Strong is Courageous”*

**PLANNING**

**E A M**

- |   |  |   |   |
|---|--|---|---|
| 1. Uses appropriate BC Core and Curricular Competencies for planning  |  |   | X |
| 2. Demonstrates an understanding of the context/rationale of the lesson/unit plans                          |  |   | X |
| 3. Designs lesson plans with clear learning intentions and evidence of effective planning                   |  |   | X |
| 4. Incorporates a variety of strategies to encourage critical thinking                                      |  | X |   |
| 5. Considers diverse learning styles to address the strengths and needs of all learners                     |  | X |   |
| 6. Creates learning experiences that challenge and support diverse learners                                 |  | X |   |
| 7. Embeds formative and summative assessment into planning  |  | X |   |
| 8. Seeks out appropriate resources to enhance student learning and uses them effectively in lesson planning |  | X |   |

**EVIDENCE:**

Lesson planning develops and refines with experience. I enjoy creating lesson plans and look forward to more practice implementing them.

**Comments from teacher observations and feedback forms:**

*“I love the hands on activity.. very engaging and interactive.”*

**IMPLEMENTATION**

**E A M**



**Supervisor(s):** \_\_\_\_\_

**Instructor(s)** \_\_\_\_\_